

CERTIFICATE

OF PARTICIPATION

This is to certify that

Raymond Phalanndwa

Has successfully participated & completed the

15km Cowhouse Winter Trail Run 2018

held at Cowhouse Market.

TIME 01:20:24

PACE 05:21/km

OVERALL 7 of 29

GENDER 6 of 20

OPEN 3 of 10

28 July 2018, Sat

Date





